



SCENIC SELF-DEFENCE COMPETITION

CHAPTER 1 COMPETITION ORGANIZATION

- Teams are made up of a minimum of 3 athletes (Small Teams) to a maximum of 5 athletes (Large teams).
- Mixed Teams are allowed.
- Each team should present scenic self-defense situations or realistic performances, being one of those situations, at least, performed with an aggressor object (rubber, wood or metal without cutting blades)
- Each team will present the techniques a first time in slow motion and after, in real motion.

CHAPTER 2 CATEGORIES

OPEN to all competitors

CHAPTER 3 SAFETY EQUIPMENT

Groin and chest/brest protection

- Both groin and brest protectors are OPTIONAL. Should the competitor choose to wear protectors, they should be previously approved by the arbitrage committee.

CHAPTER 4 LENGHT

The performance cannot be longer than 5 minutes (including slow motion execution). In case the time limit is surpassed the team will be disqualified.



CHAPTER 5 CRITERIA OF JUDGING

1. Respectful attitude, introduction and spirit showed by the athletes;
2. Choreography (technique interpretation, acrobatic and spectacular features);
3. Team and techniques coordination and synchronism;
4. Fluidity and rhythm in the application of the techniques;
5. Level of difficulty of the techniques;
6. Correct execution of the techniques showed (defined, clear and understandable gestures);
7. Variety of the techniques performed;
8. Realism of the performance which must keep to street situations;

CHAPTER 6 SCORING

- The competitor with the highest score shall be declared the winner.
- The scores are given by the Central Referee or Jury and Side Referees.
- The scores can be given directly by the Juries by displayer or recorded in paper.
- In the event of draw, Central Referee and Juries will decide indicating at the same time the competitor with the best performance.

The initial score in a National Championship is 6,5.

The initial score in a Continental Championship is 7,5.

The initial score in a World Championship is 8,5.

For each point of the 8 evaluated criteria, the competitor will receive:

- - 0,05 if he has a bad performance;
- + 0,05 if he has a excellent performance;
- If he makes a mistake but continues his demonstration the athlete will receive - 0,5;
- If the athlete stops the demonstration he will receive 0,0 as final punctuation.

Any situations missing in this Regulation shall be resolved by the proof arbitration responsible.

The Arbitration Commission reserves the right to amend this regulation until one day before the competition starts.