

Stick Fighting



1. Safety Equipment

All equipment is subject to safety inspection before entering competition arena.

A. Required Face Protection:

1. Kendo Headgear, Filipino Stick Fighting Head Gear, 3 Weapons Rated Fencing Mask

(fencing mask must have complete head protection - front, back and side.

B. Required Gloves:

1. Required to wear full size hockey gloves (both hands).

C. Groin protection mandatory.

D. Elbow and kneepads protection is required. Mouthpieces are also suggested. All equipment is must be in good condition and will be inspected by an official for safety inspection.

E. All competitors are responsible to bring their own safety equipment, none will be provided for you at the event.

2. Clothing – Athletic shoes are mandatory, bare feet is unacceptable.



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A. It is recommend that you wear clothing appropriate for the event. We will not allow the following:

Work boots and Levis, shirts with profanity, any shirts or otherwise with pornographic images.

B. We encourage participants to wear their Gi's or athletic wear with your school or systems logos.

3. Rules

A. Single stick fighting competition with 2-minute rounds.

1. No intentional stabs to the throat.

2. No kicking or punching.

2a. No punching or kicking as this weights the contest in favor of the bigger, stronger, heavier competitor unrealistically because there are no weight class divisions in the stick fighting tournament.

3. No takedowns or throws.

4. No wristlocks, strips, joint locks or stripping for the following reasons:

4a. The hockey glove is for protection not a handle to aid in manipulating opponents hand/arm/body.

4b. Hockey gloves interfere with sensitivity in joint locks so the initiator can't feel how much pressure he is exerting on the opponent.

8. Clinching is allowed.

9. Hitting with the pommel of the stick is allowed.

10. All points and rules will be explained during tournament orientation. It is highly recommended that all competitors attend the orientation. Competitors should arrive early.

11. The fighting arena will be a 6 X 6 Meter (19.68' X 19.68') area designated to fighting competitors only. Coaches are allowed, but they must stay in the designated areas. No exceptions.



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4. Scoring

A. The winner of each stick fight will be determined by the judges decision. Each judge will score the match based on technique, power, aggression, defense, skill and the number of blows landed. What the judges are looking for is a highly skilled fighter who lands clean blows and escapes unscathed.

Please don't think you can win by trading blows or absorbing your opponents blow to hit a harder blow of your own. Judges will score each match as if the competitors were using padded sticks.

B. 2 points will be awarded for head and body and multiple hits to appendages. Clean leg shots are also worth 2 pts.

C. 1 point will be awarded for single hits to the arms (from shoulder to hand).

D. No score will be given to mutual hits. We want to discourage "trading blows", as this is not likely in a real stick fight.

E. Winners will be decided on scorecards of judges. Tiebreakers will be by referee decision.

F. For clarity in judging, no more than two points per engagement will be awarded without a reset.

G. Losing a stick during the fight will give your opponent 4 points. If the stick falls out of your hands for any reason (slips, drops, knock-aways, etc.) your opponent will be awarded 4 points.

5. Sticks

A. Approved sticks – ACTION FLEX : with the following specifications: 26" length

B. Outside sticks will be permitted after previous inspection



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6. In Case of Accident or Injury

A. If opponent is unable to continue, your score will be determined by averaging your previous scores form throughout the day.

7. Stick Fighting Eligibility

A. The tournament is open to good willed competitors. After that the tournament will be closed to further competitors. If you have paid your entry fee after the tournament has been filled, you will receive your money back or a refund by mail. We reserve the right to refuse any competitor for any reason.

B. All Stick Fighting competitors must over the age of 18, be registered either at the event or in advance by using an entry form, and pay the entry fee for the event. A waiver agreement must be signed on the day of the event at the tournament before you can compete.



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