



WEAPONS FORMS COMPETITION

CHAPTER 1 COMPETITION ORGANIZATION

- In Weapons Forms Competition, the athlete shows his skill with a Form of his choice.
- Weapons Forms Competition is divided in *Soft Styles* and *Hard Styles* (categories till 12 years old compete only in *Soft Style*).
- The competitors may execute a different Form in each eliminator.
- No cutting blades are allowed.

CHAPTER 2 CATEGORIES

The athletes will be divided by age and graduation.
Female and Male competitors compete in separate divisions.

- – 4 and 5 years – open (all color belts)
- – 6 and 7 years – open (all color belts)
- – 8 and 9 years – Color belts/ Brown and black belts
- – 10 to 12 years – Color belts/ Brown and black belts
- – 13 and 14 years – Color belts/ Brown and black belts
- – 15 and 16 years – Color belts/ Brown and black belts
- – 17 and 18 years – Color belts/ Brown and black belts
- – 19 to 29 years – Color belts/ Brown and black belts
- – 30 to 39 years – Color belts/ Brown and black belts
- – over 40 years – Color belts/ Brown and black belts

CHAPTER 3 LENGTH

The performance cannot be longer than 5 minutes.



CHAPTER 4 CRITERIA OF JUDGING

In Weapons Forms all the judging criteria must consider the relation between the competitor and the weapon. The weapon must be maneuvered as an extension of their own body.

1. **Presence** - Respectful attitude, introduction and spirit showed by the athletes;
2. **Execution** – Correct sequence of the Weapon Form, coordination;
3. **Application** – Realistic demonstration of the meaning of the Weapon Form;
4. **Technique** - Defined, clear and understandable gestures;
5. **Energy** – Mind force and energy used in the right moment;
6. **Breathing** – Correct breathing applied to the execution of the technique;
7. **Posture** – Correct positioning of the body while executing the techniques;
8. **Balance** – Keeping the equilibrium during the execution of the Weapon Form;
9. **Rhythm** – Fluidity of the different Form rhythms;
10. **Difficulty** - Level of difficulty of the Weapon Form execution considering the age and graduation;

CHAPTER 5 SCORING

- The competitor with the highest score shall be declared the winner.
- The scores are given by the Central Referee or Jury and Side Referees.
- In the event of draw, Central Referee and Juries will decide indicating at the same time the competitor with the best performance.
- The scores can be given directly by the Juries by displayer or recorded in paper.

The initial score in a National Championship is 6,5.

The initial in a Continental Championship is 7,5.

The initial in a World Championship is 8,5.

For each point of the 10 evaluated criteria the competitor will received:

- - 0,05 if he has a bad performance;
- + 0,05 if he has a excellent performance;
- If he makes a mistake but continues his demonstration the athlete will receive - 0,5;
- If the athlete stops the demonstration he will receive 0,0 as final punctuation.

Any situations missing in this Regulation shall be resolved by the proof arbitration responsible.

The Arbitration Commission reserves the right to amend this regulation until one day before the competition starts.